

## **CHEX MUDDY BUDDIES ORIGINAL RECIPE**

### **Ingredients:**

9 cups Corn Chex, Rice Chex, Wheat Chex, or Chocolate Chex cereal (or combination)

1 cup semisweet chocolate chips

½ cup peanut butter

¼ cup butter or margarine

1 teaspoon vanilla

1 ½ cups powdered sugar

### **Preparation Directions:**

1. Into large bowl, measure cereal; set aside.
2. In 1-quart microwavable bowl, microwave chocolate chips, peanut butter and butter uncovered on High 1 minute; stir. Microwave about 30 seconds longer or until mixture can be stirred smooth. Stir in vanilla. Pour mixture over cereal, stirring until evenly coated. Pour into 2-gallon resealable food-storage plastic bag.
3. Add powdered sugar. Seal bag; shake until well coated. Spread on waxed paper to cool. Store in airtight container in refrigerator.

### **Nutritional Information:**

1 Serving: Calories 220 (Calories from Fat 80); Total Fat 9g (Saturated Fat 4g, Trans Fat 0g); Cholesterol 5mg; Sodium 200mg; Total Carbohydrate 30g (Dietary Fiber 1g, Sugars 17g); Protein 3g Percent Daily Value\*: Vitamin A 6%; Vitamin C 2%; Calcium 6%; Iron 25% Exchanges: 1 Starch; 1 Other Carbohydrate; 0 Vegetable; 1 1/2 Fat Carbohydrate Choices: 2

\*Percent Daily Values are based on a 2,000 calorie diet.

**Prep Time:**15 min

**Start to Finish:**15 min

**Makes:**25 servings (1/2 cup each)