

## Lauren Bollier

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### **OBJECTIVE**

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My goal is to obtain a challenging position where I can utilize my experience in nutrition management and related fields, performing given duties to the best of my ability.

### **EDUCATION**

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*California State University, Chico*

**Bachelor of Science in Nutrition and Food Sciences, option in Dietetics**

December 2009

### **EXPERIENCE**

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*Chico Area Recreation and Park District- Chico, CA*

**Recreation Leader at Marigold Elementary**

August 2009-Present

- Working with school aged children 1<sup>st</sup> through 6<sup>th</sup> grade. Actively participate in tutoring and create an exciting environment for grade school children to spend their afternoons through arts/crafts and physical activity.

*Peninsula Surgical Associates- Burlingame, CA*

**Office Clerk**

Summer 2005

- Served as a liaison between client and surgeons who specialized in Gastric Bypass. Became familiar with procedure and medical terms. Responded to client inquiries and organized client charts.

*Associated Student Bookstore- California State University, Chico*

**Bookstore Associate**

January 2006-May 2006

- Demonstrated excellent customer service in busy work environment. Worked quickly and efficiently with peers. Served as a cashier and provided assistance to customers as needed.

*Jamba Juice, San Mateo, CA*

**Jamba Juice Associate**

June 2006-August 2006

- Demonstrated excellent customer service in busy downtown environment. Provided and implemented knowledge of food safety.

## **INTERNSHIP**

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*WIC- Women, Infants, children- Chico, CA*

Fall 2009

- Counseled women about the importance of a healthy diet for both them and their children. Provided a brochure and bulletin board for WIC participants, which demonstrated ways to boost immunity during flu season.

## **VOLUNTEER WORK**

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**Boy and Girls Club of America, Chico, CA**

Fall 2005

- Thirty rewarding hours spent throughout the semester interacting with children ages 6-18. Provided a place for children to go after school to work on homework and build relationships while being a mentor.

**Blue Oak Charter School, Chico, CA**

Fall 2005

- Volunteered 30 hours at this Waldorf public school. Worked with a small group of unique school aged children throughout the semester, supervising and organizing activities for the children.

**Sonoma Developmental Center, Sonoma, CA**

Fall 2005

- Volunteered one full weekend with developmentally disabled adults. Provided day time activities and entertainment for the residents.

**Napa State Hospital, Napa, CA**

Spring 2007 & Fall 2007

- Interacted with a small population of patients at the hospital with mental disabilities. Experienced a unique opportunity to learn more about mental illness, while interacting socially and recreationally with patients.

**Enloe Medical Center, Chico, CA**

Spring 2007

- Transported patients to and from rooms, while also delivering flowers and medications. Worked closely with the lab to deliver specimens.

## **ACTIVITIES**

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**Nutrition and Food Science Association member**, Fall 2008-Spring 2009

**Up Till Dawn-St. Jude's Hospital fundraiser**, Fall 2008 & Fall 2009

## **SKILLS**

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ServSafe Certification February 2009, through the National Restaurant Association

Proficient in Microsoft Office, Powerpoint, Excel

First Aid Certified August 2009, through American Red Cross

CPR-Adult, Child and Infant Certified August 2009, through American Red Cross